

Free Printable Aphasia Workbook

FOR ADULTS

34 original, adult-friendly pages for word finding, comprehension, reading, writing and everyday communication.

NAME

Created for supported home practice and speech therapy.
This workbook is not a diagnostic test.

How to Use This Workbook

Use only the pages that match the person's goals, energy and current communication level.

Important

This workbook provides general practice activities. It does not diagnose aphasia and does not replace an individualized assessment or therapy plan from a qualified speech-language pathologist.

● Choose a calm time

Reduce background noise. Keep sessions short enough to avoid fatigue.

● Support, do not test

Give time. Offer a cue only when it is wanted. Accept speech, writing, drawing, pointing and gesture.

● Make it personal

Replace unfamiliar words with names, places, routines and topics that matter to the person.

● Adjust the level

Cover choices to make a task harder, or add written and picture choices to make it easier.

● Stop when needed

Pause if the activity causes pain, unusual fatigue, distress or a sudden change in communication.

Printing tip

Print at 100% on US Letter paper. Use dark ink and one-sided printing if the person benefits from less visual information on each page.

My Communication Profile

Complete this page together. There are no right or wrong answers.

INSTRUCTIONS

Mark the supports that help. Add personal preferences in the spaces below.

- ☐ Extra time to answer
- ☐ One person speaking at a time
- ☐ Short written key words
- ☐ Pictures or photographs
- ☐ Yes/no choices
- ☐ Gesture or pointing
- ☐ A quiet room
- ☐ Help finding a word - only when I ask

Topics I enjoy:

What I want communication partners to know:

Automatic Speech Warm-Up

Start with familiar sequences. Say, point to or write the answers.

INSTRUCTIONS

Complete each familiar sequence. A partner may begin the sequence and then pause.

1

Monday, Tuesday, _____, Thursday

2

January, February, _____, April

3

One, two, three, _____, five

4

Morning, afternoon, _____

5

Spring, summer, _____, winter

6

Ready, set, _____

Make it personal

Try a familiar song title, family birthday sequence, sports chant or daily routine.

Find the Word From Clues

Use meaning, location and function to retrieve each word.

INSTRUCTIONS

Read each clue. Say or write the word. If needed, ask for the first sound.

1

You use it to unlock a door.

2

It tells you the time and may be worn on your wrist.

3

You use it to cut paper.

4

It keeps food cold in the kitchen.

5

You use it to call or send a message.

6

You rest your head on it in bed.

Name the Word

Choose the exact word that matches each definition.

INSTRUCTIONS

Write one word for each definition. Use the word bank if helpful.

RECEIPT UMBRELLA LIBRARY WALLET CALENDAR NEIGHBOR

1

A place where people borrow books.

2

A person who lives near you.

3

A record of days, weeks and appointments.

4

Something that protects you from rain.

5

A small holder for money and cards.

6

A paper or digital record of a purchase.

Sort Words Into Categories

Categories can help organize and retrieve vocabulary.

INSTRUCTIONS

Write each word under the best category. Say why it belongs there.

**CARROT BUS HAMMER APPLE TRAIN SCREWDRIVER PEAR LETTUCE TAXI
WRENCH BANANA ONION**

FOOD

TRANSPORTATION

TOOLS

Add one more word to each category:

Which Word Does Not Belong?

Identify the category and explain the difference.

INSTRUCTIONS

Circle the word that does not belong. Then say or write why.

1 coffee tea water jacket

Why? _____

2 doctor nurse hospital bicycle

Why? _____

3 shirt socks banana coat

Why? _____

4 Monday Friday kitchen Sunday

Why? _____

5 fork spoon plate pillow

Why? _____

Extra challenge

Name the category for the three words that belong together, then add another word.

Find the Action Word

Verbs are words for actions and states.

INSTRUCTIONS

Complete each sentence with a verb. More than one answer may be possible.

1

Before dinner, I _____ my hands.

2

At the store, I _____ for groceries.

3

When the phone rings, I _____ it.

4

In the morning, I _____ dressed.

5

At a red light, drivers _____.

6

When I am thirsty, I _____ water.

Complete the Everyday Sentence

Use context to predict a meaningful word.

INSTRUCTIONS

Say or write one word that completes each sentence.

1

I brush my teeth with a _____.

2

I keep milk in the _____.

3

I wear shoes on my _____.

4

I use a key to open a _____.

5

I check the time on a _____.

6

I sit on a chair at the _____.

Describe a Word Without Saying It

A semantic feature map can create more routes to the target word.

INSTRUCTIONS

Choose a useful word. Complete as many boxes as possible. Then try to say the word again.

CATEGORY

What kind of thing is it?

TARGET
WORD

FUNCTION

What does it do?

LOCATION

Where do you find it?

APPEARANCE

What does it look like?

PARTS

What parts does it have?

RELATED WORDS

What goes with it?

Partner cue

Ask one question at a time. Accept gesture, drawing, pointing and partial words.

Use the First Sound or Letter

A sound or written-letter cue may help retrieve a word.

INSTRUCTIONS

Read the clue. Use the first letter to find the answer.

K

You use it to open a lock.

T

A vehicle that runs on rails.

P

A soft object that supports your head in bed.

C

A person who prepares food in a restaurant.

M

The first meal of the day is eaten in the...

B

A place where people keep and borrow money.

Yes or No?

Respond by saying, pointing to or circling YES or NO.

INSTRUCTIONS

Read each question. Circle the correct response.

1. Does a week have seven days?

YES

NO

2. Is ice usually hot?

YES

NO

3. Do people wear shoes on their feet?

YES

NO

4. Is a bus smaller than a coffee cup?

YES

NO

5. Can a key open some doors?

YES

NO

6. Is breakfast usually eaten at night?

YES

NO

7. Can a calendar show appointments?

YES

NO

8. Do fish normally live in trees?

YES

NO

Follow One-Step Directions

A partner reads each direction aloud. Repeat once only if requested.

INSTRUCTIONS

Complete each direction using objects already on the table. Mark the box after each item.

- ☐ 1. Point to the pen.
- ☐ 2. Pick up the paper.
- ☐ 3. Touch the table.
- ☐ 4. Put the key in the box.
- ☐ 5. Circle your name.
- ☐ 6. Turn the card over.
- ☐ 7. Point to the largest object.
- ☐ 8. Give the spoon to your partner.

Make it easier or harder

Easier: show two objects and use gesture. Harder: remove gestures or use less familiar objects.

Follow Two-Step Directions

Listen for both actions before beginning.

INSTRUCTIONS

A partner reads each direction aloud. Complete both steps in order.

1

Pick up the pen, then point to the paper.

☐

Done

2

Touch the cup, then give the key to your partner.

☐

Done

3

Circle the word MONDAY, then underline FRIDAY.

☐

Done

4

Put the spoon beside the cup, then turn the card over.

☐

Done

5

Write your first name, then draw a box around it.

☐

Done

6

Point to the door, then touch the table.

☐

Done

MONDAY**TUESDAY****FRIDAY****SUNDAY**

Use these words for direction 3.

Listen to a Short Story

A partner reads the story aloud at a natural, unhurried pace.

INSTRUCTIONS

Listen once. Then answer by speaking, pointing to a choice or writing.

On Tuesday morning, Maria took the bus to the library. She returned two books and borrowed a cookbook. Before going home, she met her friend Sam for coffee.

1

What day was it?

2

How did Maria travel?

3

Where did she go?

4

What kind of book did she borrow?

5

Who did she meet?

6

What did they have together?

Read and Match

Match each everyday word to its meaning.

INSTRUCTIONS

Write the correct letter beside each word.

1. EXIT ____

A. A planned meeting

2. FRAGILE ____

B. A record of payment

3. CLOSED ____

C. Handle with care

4. RESTROOM ____

D. A way out

5. RECEIPT ____

E. Not open

6. APPOINTMENT ____

F. A bathroom

Strategy

Underline the most important word in each meaning before matching.

Read a Short Paragraph

Find the key details: who, what, when and where.

INSTRUCTIONS

Read the paragraph. Answer the questions below.

Daniel has a dentist appointment on Thursday at 2:30 p.m. The office is on Oak Street, beside the pharmacy. Daniel plans to arrive 15 minutes early and bring his insurance card.

1 Who has the appointment?

2 What kind of appointment is it?

3 What day and time is it?

4 Where is the office?

5 How early does Daniel plan to arrive?

6 What should he bring?

Read an Appointment Card

Use the card to find practical information.

INSTRUCTIONS

Read the appointment card. Answer the questions.

RIVER HEALTH CLINIC

Patient: Alex Morgan

Tuesday, August 18 at 10:15 a.m.

Bring: photo ID and medication list

Call 555-0142 if you need to reschedule

1

What is the patient's name?

2

What day is the appointment?

3

What time is the appointment?

4

What two items should Alex bring?

5

Which phone number should Alex call to reschedule?

Read a Cafe Menu

Practice locating choices, prices and categories.

INSTRUCTIONS

Use the menu to answer the questions. The menu is fictional.

GREEN TABLE CAFE

DRINKS

Coffee \$3

Tea \$3

Sparkling water \$2

LUNCH

Tomato soup \$6

Turkey sandwich \$9

Garden salad \$8

EXTRAS

Fruit cup \$4

Cookie \$3

Yogurt \$4

1

Which lunch item costs \$6?

2

How much is the turkey sandwich?

3

Name one drink without coffee.

4

Which two extras cost the same amount?

5

Choose one lunch item and one drink. What is the total?

Use a Shopping List

Organize items to make shopping easier.

INSTRUCTIONS

Write each item under the correct store section.

**BREAD APPLES SOAP MILK CHICKEN TOOTHPASTE RICE CARROTS EGGS
TISSUES FISH BANANAS**

PRODUCE

DAIRY

MEAT / FISH

PANTRY

HOUSEHOLD

BAKERY

Plan With a Weekly Calendar

Use the calendar to answer questions and add one appointment.

INSTRUCTIONS

Read the plans. Write a new event in an empty space.

MON	TUE	WED	THU	FRI	SAT	SUN
10:00 Speech therapy		2:00 Call Sam	11:30 Grocery store	9:00 Doctor	Lunch with Maya	

1

What happens on Monday?

2

Which day has the doctor appointment?

3

What time is the grocery store visit?

4

Which two days are empty?

5

Add one personal event to an empty day above.

Build a Sentence

Put the words in an order that makes sense.

INSTRUCTIONS

Rewrite each group as a complete sentence. Add punctuation.

1

coffee / drinks / Maria / every morning

2

to the clinic / drove / Ben

3

is reading / the newspaper / my neighbor

4

after lunch / we / walked / outside

5

the appointment / starts / at ten

Make the Sentence More Complete

Add useful details: who, what, where, when or why.

INSTRUCTIONS

Expand each short sentence. More than one answer is possible.

1

The man cooks.

Add what he cooks and where.

2

She called.

Add who she called and why.

3

They are walking.

Add where and when.

4

I need help.

Add what kind of help you need.

Describe the Scene

Use speech, writing, gesture or key words.

INSTRUCTIONS

Look at the original drawing. Describe people, actions, objects and location.



1

Where are the people?

2

What is each person doing?

3

What objects can you see?

4

What might happen next?

My Important Words

Personal vocabulary is often more useful than generic practice words.

INSTRUCTIONS

Add names and words that matter in everyday life. Use photographs beside this page if helpful.

PEOPLE

PLACES

HEALTH

FOOD AND DRINK

HOBBIES

IMPORTANT PHRASES

Plan a Phone Call

Preparing key words can reduce pressure during a call.

INSTRUCTIONS

Complete this page before making a real or practice call.

PERSON OR BUSINESS I AM CALLING

WHY I AM CALLING

IMPORTANT NAMES, NUMBERS OR DATES

QUESTION I WANT TO ASK

WHAT I NEED TO WRITE DOWN

Useful opening

I have aphasia. Please give me extra time. I may need you to repeat or write down important information.

Prepare for an Appointment

Bring this page to a medical or therapy visit.

INSTRUCTIONS

Write key words. A communication partner can help prepare, but the person's own priorities come first.

MY MAIN CONCERN

WHEN IT STARTED OR CHANGED

WHAT MAKES IT BETTER OR WORSE

QUESTIONS I WANT TO ASK

NEXT STEPS I HEARD

Plan a Conversation Topic

Prepare key words without scripting every sentence.

INSTRUCTIONS

Choose one topic you want to discuss with another person.

MY TOPIC

THREE IMPORTANT KEY WORDS

A PERSON, PLACE OR DATE I MAY MENTION

ONE QUESTION I CAN ASK

A PHOTO, OBJECT OR GESTURE THAT MAY HELP

HOW I WILL SIGNAL THAT I NEED MORE TIME

Weekly Practice Log

Track useful communication, not perfection.

INSTRUCTIONS

Record short practice sessions. Note what helped and what should change next time.

DAY	ACTIVITY	MINUTES	WHAT HELPED
MON			
TUE			
WED			
THU			
FRI			
SAT			
SUN			

☐ The activity felt useful.

☐ I want to repeat it.

How to Support Without Taking Over

Good support protects choice, dignity and participation.

INSTRUCTIONS

Use these ideas during workbook practice and everyday conversation.

1 Wait

Allow quiet time before repeating or supplying a word.

2 Ask

Say: Would you like a clue, choices or more time?

3 Confirm

Check the message: Are you saying the appointment is Friday?

4 Write

Use one or two key words, large print and plenty of space.

5 Accept

Speech, writing, pointing, drawing and gesture all count as communication.

6 Respect

Use an adult tone. Include the person in decisions and conversations.

7 Reduce

Lower background noise and keep one main topic at a time.

8 Notice

Pay attention to fatigue and stop before practice becomes overwhelming.

Remember

The goal is a successful exchange of meaning, not a perfect test performance.

Answer Key: Pages 4-13

Open-ended answers may differ. Suggested answers are shown below.

Page 4

Wednesday; March; four; evening; fall/autumn; go.

Page 5

key; watch; scissors; refrigerator/fridge; phone; pillow.

Page 6

library; neighbor; calendar; umbrella; wallet; receipt.

Page 7

Food: carrot, apple, pear, lettuce, banana, onion. Transportation: bus, train, taxi. Tools: hammer, screwdriver, wrench.

Page 8

jacket; bicycle; banana; kitchen; pillow.

Page 9

Possible answers: wash; shop; answer; get; stop; drink.

Page 10

toothbrush; refrigerator/fridge; feet; door; watch/clock; table.

Page 11

Open-ended semantic feature activity.

Page 12

key; train; pillow; cook/chef; morning; bank.

Page 13

Yes; No; Yes; No; Yes; No; Yes; No.

Answer Key: Pages 14-24

Functional and open-ended tasks should be discussed, not graded as a clinical test.

Pages 14-15

Performance depends on the objects used and the directions completed.

Page 16

Tuesday; bus; library; cookbook; Sam; coffee.

Page 17

1-D; 2-C; 3-E; 4-F; 5-B; 6-A.

Page 18

Daniel; dentist; Thursday at 2:30 p.m.; Oak Street beside the pharmacy; 15 minutes; insurance card.

Page 19

Alex Morgan; Tuesday; 10:15 a.m.; photo ID and medication list; 555-0142.

Page 20

Tomato soup; \$9; tea or sparkling water; fruit cup and yogurt; total depends on choices.

Page 21

Produce: apples, carrots, bananas. Dairy: milk, eggs. Meat/fish: chicken, fish. Pantry: rice. Household: soap, toothpaste, tissues. Bakery: bread.

Page 22

Speech therapy; Friday; 11:30; Tuesday and Sunday; personal answer.

Page 23

Possible sentences: Maria drinks coffee every morning. Ben drove to the clinic. My neighbor is reading the newspaper. We walked outside after lunch. The appointment starts at ten.

Page 24

Open-ended sentence expansion.

Notes and Personal Practice Ideas

Write useful words, successful strategies and ideas for future practice.

USE AND SHARING

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